

Parenting is tough. *But so are YOU.*

Did you know 80% of a child's brain develops before the age of three?

Start today with support from LSI's free & voluntary **HOPES** program for parents of children 0-5.

Through fun, non-judgemental, flexible visits in the privacy of your own home, you can expect us to:



Validate and answer your questions about parenting.



Celebrate all of life's milestones - big and small.



Facilitate opportunities to meet other parents of young children.



Connect you to essential community resources.

Contact HOPES



712.255.2505



LSIowa.org/HOPES



**1308 South Cleveland St.
Sioux City, IA 51106**



Scan for more info or to refer!

